

To Man in Truth: Enlightening Letters

Barry Long



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To Man in Truth is a spiritual master's response to the male predicament in today's world. While men are conditioned to serve progress, achieve success for themselves and build new solutions for old problems, it's increasingly obvious that the male-dominated thrust of society only makes matters worse. Barry Long appeals to men to wake up to the truth of themselves, listen to their women, and put love first. He received thousands of letters in his years as a spiritual teacher and always did his best to answer them. This book is a collection of questions and answers taken from his correspondence with men about the spiritual life, the difficulty of relationships, struggles with sexuality, problems at work, and the reality of enlightenment. This book will inform anyone endeavouring to put a spiritual teaching into practice. And it's an insight on issues that men rarely speak about.

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