



Point of Departure

Four Arrows

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Point of Departure offers a practical metacognitive and transformational learning strategy for human surviving and thriving. Using five foundational and interactive Indigenous worldview beliefs that contrast sharply with our dominant worldview ones, everyone can reclaim the original instructions for living on Earth. Without the resulting change in consciousness that can emerge from this learning approach, no modern technologies can save us. The five foundational Indigenous precepts relate to a radically different understanding about: (1) Trance-based learning (2) Courage and Fearlessness (3) Community Oriented Self-Authorship (4) Sacred Communications (5) Nature as Ultimate Teacher

Praise for Point of Departure:

Four Arrows provides a quintessential critique of how the collective human departure of modern society from “Indigenous Consciousness” has led to the current wholesale exploitation and destruction of “Indigenous Nature” ... while providing the impetus for the urgency of a return to the “Indigenous Mind” as one of the true pathways for our future survival. ~ Greg Cajete *Director of Native American Studies, University of New Mexico. Author of Native Science and Look to the Mountain*

Recognizing the disastrous consequences of the dominant worldview pervading global society, Four Arrows teaches metacognitive strategies to help shift us back toward the Indigenous worldview—the only worldview that can restore balance amidst planetary crisis. With his characteristic insight, he reminds us that interconnectedness with all of creation is the basis of courage that will help each of us, Indigenous and non-Indigenous alike, rise to action in defense of Mother Earth. ~ Waziyatawin *Dakota author and activist from Pezihutazizi K’api Makoce (Land Where They Dig for Yellow Medicine) in southwestern Minnesota*

Four Arrows continues to open our eyes to the possibility of a new society, one founded on the empirical data of thousands of years and within the paradigms of traditional wisdom and the people connected to all of life—theirs, ours, animal brethren and Mother Earth. Point of Departure is a MUST read for anyone who wants to be part of the solution. ~ Rebecca Adamson *Founder/President First Peoples Worldwide*

Anyone who is even slightly Indigenous will nod in recognition all the way through Point of Departure. Using the four sacred directions as cognitive bridges into the circle of all, Four Arrows walks the reader through trance-based, Transformative learning; courage, Indian-style, as connection - not fear-based; and the Indigenous grammar of communication and truth-telling, with neither restricted to humans. Then, binding the hoop together for “all our relations,” Four Arrows recommends re-acquaintance with Nature. The handy “take-away” discussions and “how-to” manuals concluding each discussion draw the reader into the circle, if only the reader is willing. ~ Barbara Alice Mann *Associate Professor of Humanities, University of Toledo. Author of Spirits of Blood, Spirits of Breath: The Twinned Cosmos of Indigenous America*

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Mary Andrade:

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