



Bake It Like a Man: A Real Man's Cookbook

David Bowers, Sharon Bowers

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Real men aren't interested in low-fat recipes and quick-and-easy meals.

They never make jam or hors d'oeuvres, and especially not angel food cake. According to author David Bowers, cooking for the real man is an adventure. Making cheese at home and brewing beer in the garage may take weeks or months, but time isn't important. Men need to cook for an audience, so the recipes for paella, gumbo, and jambalaya serve ten hungry guys. Men aren't afraid of fat-Scotch Eggs, Fish and Chips, Fried Cheese, and Eggplant Parmesan are just a few artery-clogging favorites you'll find here. Potatoes are the real man's vegetable of choice -- French fried, mashed, or roasted. Grilling offers the best of all worlds -- smoke, fire, big food, hours of marination. The recipes in each chapter start off simple, like Ginger Beer, prepared in one day, then build up to a manly IPA Bitter that takes weeks but is sure to impress.

Bake It Like a Man is a real cookbook for real men, but author David Bowers doesn't take himself too seriously. Sidebars throughout the book poke fun at topics like "Gadgets and Appliances Men Hate," or 'A Few Fats I Love.'" As fun to read as it is to cook from, *Bake It Like a Man* is the perfect gift book for the "real man" in every woman's life.

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