



Dad's Guide to Raising Twins: How to Thrive as a Father of Twins

Joe Rawlinson

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You survived the twin pregnancy and have brought the twins home. Now the real adventure begins.

This guide will walk you through the challenging and exciting aspects of raising twins. You can thrive as a father of twins even during the crazy early years with twins.

In this book, you'll learn how to:

- Keep balance in your personal life with twins
- Juggle work and family life
- Feed your twins and get them on a schedule
- Get your twins to sleep through the night
- Keep your twins healthy and deal with inevitable sick kids
- Encourage individuality in your twins
- Teach your twins to be self-sufficient
- Keep your other kid(s) happy along the way
- Escape diapers and potty train your twins
- Travel with twins
- Create and capture memories with your twins

Joe's first book for fathers of twins, the "Dad's Guide to Twins," got you ready for your twins' arrival. This companion book continues the journey and helps you from the moment you get the twins home. It guides you through what to expect and how to handle those precious twins through the first couple of years.

If you are expecting twins, have newborns, or are struggling through that first year (or more) with twins, this book is for you. You'll find tips and tricks to tackle each stage of your twins' development plus ideas to improve what you're already doing.

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Kathleen Hernandez:

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