



Heal Your Self: How to Diagnose the Real Cause of your Pain and Recover your Health Naturally

Reid Jenner

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END YOUR PAIN WITH THE BESTSELLING BOOK FOR HOLISTIC MEDICINE.

Find the real cause of your health problem and a permanent drug-free cure.

For the first time, *Heal Your Self* places professional diagnostic tools directly in your hands. By revealing the critical problem solving questions, this essential health reference guide outlines the process anyone can use to solve virtually any pain or chronic illness in as little as one hour. By so doing, the reader can learn how to bypass invasive diagnostic tests, unhelpful doctors, ineffective drugs and unnecessary surgery.

Finding the cause of a chronic disease can often be elusive, but it simply requires a disciplined and direct method of gathering and analyzing each person's relevant symptom history. This is information the patient not only has the best knowledge of, but which most physicians have neither the patience or training to uncover. Most doctors perform a quick and superficial examination, then leave the patient with a prescription that only temporarily treats the symptoms and fails to permanently resolve the problem.

For over 25 years, naturopathic diagnosis specialist Reid Jenner has trained thousands of people around the world in how to find the root cause of intractable problems. He has successfully facilitated hundreds of individual cases across a wide range of disorders to help his clients find a permanent solution for whatever ails them. In virtually every instance, a simple and drug-free cure is discovered by removing the source of the problem, which is usually some kind of toxin, deficiency, or dietary imbalance.

If you're:

- *Tired of taking never-ending prescriptions that don't cure your symptoms;*
- *Constantly subjected to invasive tests that don't reveal the cause of your problem;*
- *Rushed out of your doctor's office by an MD who doesn't listen to you;*
- *Suffering with symptoms that your health care professional can't cure;*
- *Contemplating surgery for a seemingly intractable health problem;*

Then it's time to take matters into your own hands. Learn how to solve your *own* health problems—quickly, naturally, and effectively.

Order this book today and get on the road to permanent recovery!

A sampling of rave reviews from readers:

"This is a brilliant book. It takes a holistic perspective and helps patients think like Sherlock Holmes. I think every patient with an undiagnosed illness should read this. It will help them help their doctor to diagnose their illness." (Dr. A. Malpani, MD)

"If you have ever watched the hit TV show "House", or realistic inquiry-based shows like "CSI", you will find this book inspiring, empowering, and extremely helpful. It gives you the tools to do what doctors simply cannot do under the present system: find a way to deal with and heal your own and your loved ones' illnesses." (Andy K.)

"I truly recommend this book for everyone with any health issues. After six years and fifty-four doctors and misdiagnoses this book has saved my life." (Michelle H.)

"Its absolutely amazing how much one can deduce for oneself before a doctor visit. Simply wonderful! (Gwen M.)"

"Two big thumbs up! This is a well-researched eye opener that is a must read. Highly recommended." (Amazon Reviewer)

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