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This guided daily journal & undated diary has 202 pages (enough space for 100 days i.e. just over 3 months) with daily prompts and a spacious two page spread per day with plenty of space for free writing and adding your own image or drawing. The pages are undated so you can start your creative journey whenever you wish. The journal is especially useful for reflection and idea generation as well as expressing gratitude. This journal is essential for those who love the idea of prompts for inspiration but also want plenty of space for freehand writing and drawing.

This is a perfect journal for a diary and is great for jotting down and planning your ideas or can be used as a progress journal for all your ideas. and inspirations.

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Soft, sturdy cover.

Perfect bound so pages will not fall out.

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