



Creating True Peace: Ending Conflict in Yourself, Your Community and the World

Thich Nhat Hanh

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Creating True Peace: Ending Conflict in Yourself, Your Community and the World Thich Nhat Hanh
Thich Nhat Hanh has been the world's foremost peace activist for the past four decades. A highly respected Buddhist spiritual leader who is also a philosopher, scholar and student of human nature, he is, in many ways, very similar to the Dalai Lama. His unrivalled knowledge, wisdom and experience of peacemaking - a subject that he has very much made his own ever since he took a non-violent stance on the Vietnam War - make him the perfect candidate to talk authoritatively on this very topical subject. Creating True Peace is his most definitive book on peacemaking to date. In this remarkable manifesto he shows conflict to be an inappropriate response that we can no longer afford on a personal or global level. He also offers practical - previously unpublished - spiritual training for individual and world peace which reveals the powerful daily actions and interactions that can root out conflict from us all. 'Thich Nhat Hanh shows us the connection between personal, inner peace and peace on earth' Dalai Lama. 'Among Buddhist leaders influential in the West, Thich Nhat Hanh ranks second only to the Dalai Lama' New York Times.

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