



The Boundaries Book: Twenty Tips for Reducing Conflict, Developing Healthier Relationships, and Enjoying Life More

Patrick A. Means

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When Patrick Means writes about Christian faith in the midst of addiction and recovery, people listen. A Christian leader who struggled with behavioral and substance addiction, Means has identified twenty simple affirmations, added trenchant reflections, which help Christians of all backgrounds grapple with their spiritual struggles, from recovery to relationships to family trust.

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