



# **A Cozy Book of Herbal Teas: Recipes, Remedies, and Folk Wisdom**

*Mindy Toomay*

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# A Cozy Book of Herbal Teas: Recipes, Remedies, and Folk Wisdom

*Mindy Toomay*

**A Cozy Book of Herbal Teas: Recipes, Remedies, and Folk Wisdom** Mindy Toomay

Recipes, remedies, and folk wisdom steep in the magic of this delightful guide to choosing, brewing, and enjoying the benefits of herbal teas.

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