



# Return From Exile: overcoming loss, failure, and personal setbacks

*F. Remy Diederich*

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## **Return From Exile: overcoming loss, failure, and personal setbacks** F. Remy Diederich **What Are Readers Saying About "Return From Exile?"**

“Return from Exile is a road-map through the wilderness of loss.”

[I learned that]...“our lowest low is the very time that God is making His greatest investment in us.”

### **How are loss, failure, and personal setbacks an exile?**

Literally, exile is when a person, or a people, are banished from their country. Metaphorically, exile is when life throws you a curve and you end up lonely, disillusioned, and suffering grief over what you once held close.

### **What kind of losses make an exile?**

Exile could be from a relational breakdown, like divorce, or from the abuse of your childhood. It could be from the death of a loved one, or from a setback in health, like cancer. Exile can result from various seasons of life like a job loss, infertility, the empty nest, or an emotional condition like depression or anxiety.

Loss comes in many forms. But most people are unaware of the deep impact it has on their lives. As a result, they live with a nagging ache in their heart, feeling lonely and broken, having no idea how to deal with it.

### **How will "Return from Exile" help me recover from my grief and depression?**

In "Return from Exile," F. Remy Diederich takes a solid biblical approach to help you recover from your grief and loss. The book is written with forty short chapters that enable you to process your loss and get your life back on track.

These devotionals explain the impact loss has on you, how God can use your grief to develop you as a person, and then show you how God wants to bring you out of your depression to restore your joy and sense of purpose.

### **Readers have summarized “Return from Exile” by saying:**

"I found myself highlighting a lot in this book to go back and revisit, but I also found the book highlight some things in my life to go back and revisit."

“In this book Remy offers incredible insights into loss, spirituality, and self-compassion that are interwoven with some of the great Bible stories. It is accessible and contains much practical wisdom that can be used immediately.”

## **Don't waste your grief and loss.**

If your setback has caused you to lose hope and direction, then "Return From Exile" will help get your life back on track. Don't waste your grief and loss. Let God use them to transform your life for good. If you have been considering Christian counseling, this book might be a good first step in that direction.

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### **From reader reviews:**

#### **Annette Morrison:**

In this 21st one hundred year, people become competitive in each and every way. By being competitive at this point, people have to do something to make all of them survive, being in the middle of typically the crowded place and notice simply by surrounding. One thing that oftentimes many people have underestimated the idea for a while is reading. That's why, by reading a reserve your ability to survive enhance then having chance to endure than other is high. For you personally who want to start reading any book, we give you this kind of Return From Exile: overcoming loss, failure, and personal setbacks book as basic and daily reading reserve. Why, because this book is greater than just a book.

#### **William Marquis:**

In this particular era which is the greater man or woman or who has ability to do something more are more precious than other. Do you want to become among it? It is just simple strategy to have that. What you are related is just spending your time little but quite enough to enjoy a look at some books. One of several books in the top list in your reading list is actually Return From Exile: overcoming loss, failure, and personal setbacks. This book that is qualified as The Hungry Inclines can get you closer in turning into precious person. By looking right up and review this publication you can get many advantages.

#### **Raymond McMillion:**

That e-book can make you to feel relax. This kind of book Return From Exile: overcoming loss, failure, and personal setbacks was colourful and of course has pictures on the website. As we know that book Return From Exile: overcoming loss, failure, and personal setbacks has many kinds or category. Start from kids until teens. For example Naruto or Private investigator Conan you can read and think you are the character on there. So, not at all of book are make you bored, any it offers you feel happy, fun and unwind. Try to choose the best book for yourself and try to like reading in which.

#### **William Littlejohn:**

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