



Men at Birth

David Vernon

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Men at Birth is a collection of stories written by Australian men, for men, about their experiences of being at the birth of their children. More often than not men can be bewildered, put off or just plain scared by the idea of childbirth. They may feel helpless in the face of their partner's distress and have no idea of what to expect or what they are meant to do. These 23 beautifully described stories – some humorous, some sad, but all of them written straight from the heart – will dispel many of the anxieties men have about birth and prepare them for one of the most important moments of their lives.

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