



# Clinical Mental Health Counseling: Elements of Effective Practice

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Referencing the 2016 CACREP standards, Clinical Mental Health Counseling: Elements of Effective Practice by editors J. Scott Young and Craig S. Cashwell combines solid foundational information with practical application for a realistic introduction to work in community mental health settings. Top experts in the field cover emerging models for clinical interventions as they explore cutting-edge approaches to CMH counseling. With case studies integrated throughout, students will be well prepared to move into practicum and internship courses as well as field-based settings.



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