



# Three Irish Saints: A Guide to Finding Your Spiritual Style

*Kevin Vost*

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## **Three Irish Saints: A Guide to Finding Your Spiritual Style** Kevin Vost

Are you a thinker, a doer, or a lover?

In *Three Irish Saints: A Guide to Finding Your Spiritual Style*, Dr. Kevin Vost mines ancient and modern sources to reveal what Saints Kevin of Glendalough, Patrick of Ireland, and Brigid of Kildare can teach us about the joys of contemplation, evangelization, and charitable living. Thinking, doing, and loving!

Included is a simple self-test to find out which spiritual master you are most like.

Would you rather: plop down in your easy chair and enjoy a good book? Celebrate life and the company of others? Engage in long conversations with your close friends?

Vost examines the lives of these three great saints, unearthing the gifts and virtues that made one a thinker, one a doer, and one a lover.

So which one are you?

Read the book. Take the test. And find out.

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#### **Mary Rohan:**

Playing with family within a park, coming to see the coastal world or hanging out with friends is thing that usually you have done when you have spare time, and then why you don't try point that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Three Irish Saints: A Guide to Finding Your Spiritual Style, you may enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout fellas. What? Still don't buy it, oh come on its named reading friends.

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