



Self-Carriage: A Book to Make Horse Training and Riding Easy (Train Your Eye) (Volume 1)

Eloise King

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Almost all pictures, this horse training and horseback riding book will help you feel confident in the training of your horse.

Professional trainer, Eloise King, shows you with pictures how your horse should look as you are working with your horse to achieve self-carriage.

She also explains the benefits of having your horse in self-carriage and why it is so important to always train so your horse is not heavy on your hand.

There is so much talk in equestrian circles about getting your horse light on the bit and powerfully engaged behind with a high back. The truth of the matter is that these qualities are rarely seen in many equine disciplines today.

Follow Eloise as she shows you how to get a strong, athletic horse that has the attributes that seem so elusive to so many riders. She will show you how simple it is to start your horse so that it has these qualities and will retain them throughout its training.

Dressage (a French word that means training or schooling) was once a useful tool for starting working horses that were to be used for everyday riding. Eloise teaches useful dressage that is forward and free and translates extremely well into the many other types of horseback riding: jumping, eventing, Western Pleasure, barrel racing, endurance, sidesaddle, to name a few.

Any working horse will benefit from being in self-carriage whether they are used for English or Western riding, pleasure or speed; self-carriage is an essential in any riding that you may do and makes riding more fun for you and your horse.

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